


# ADULT SUMMER LEARNING 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNE			1	2	3	4
5	6	7 Go with the Flow-Watercolor Painting 6 pm at Conover Macrame Mermaid Tail Keychain 6 pm at Sherrills Ford-Terrell	8	9	10	
12	13	14 Adult Senior STEAM: Ocean Floor Paint Pour 2 pm at Southwest Adult STEAM Field Trip: The Science of Brewing 5 pm at CBV in Newton DIY Cleaner & Greener Living 6 pm at Maiden	15	16 Sushi Making Party 10 am at Newton STEAM: Ocean Wave Paint Pour Coasters 4 pm at Sherrills Ford-Terrell	17	
19	20 Mountain View Book Buzz 6 pm at Southwest	21 Beach Jar Crafts 6 pm at Newton	22	23 Needle Felting 4 pm at Sherrills Ford-Terrell Is Step Aerobics Right for You? 5:30 pm at Newton	24	
	27	28 Is Tai Chi Right for You? 5:30 pm at Newton	29	30 Is PiYo Right for You? 12:30 pm at Southwest Piece of Cake Book Club 5 pm at Narrow Coffee & Nosh Jean Laffite Revealed 7 pm at Claremont		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY					
4 	5	6	7 Paint Night 4 pm at Sherrills Ford-Terrell	8	9 Crocheted Ocean Creatures 11 am at Conover
11 St. Stephens Theme-Based Book Club 6:30 pm at St. Stephens	12 Adult Senior STEAM: Simple Sushi 2 pm at Southwest STEAM: Homemade Cleaners 6 pm at Newton	13 Floating Orbs 4 pm at Sherrills Ford-Terrell	14	15	16 Ocean Drum Meditation 11 am at Sherrills Ford-Terrell
17	18 A Treasure Chest for Umi no Hi 4 pm at Newton Mountain View Book Buzz 6 pm at Southwest	19	20	21 Is Aqua Yoga Right for You? 9:30 am at Shuford YMCA in Conover	22 Kayak Adventure 10 am at Lake James State Park in Nebo

25 	26 Crochet Jellyfish 4 pm at St. Stephens	27 Is Chair Yoga Right for You? 10:30 am at Newton	28 Is CrossFit Right for You? 3:30 pm at CrossFit Catawba Valley in Hickory Crochet Jellyfish 4 pm at Sherrills Ford-Terrell Piece of Cake Book Club 5 pm at Narrow Coffee & Nosh in Newton	29	30
AUGUST					
					
1	2 Macrame Ocean Wave Wall Hanging 6 pm at Sherrills Ford-Terrell	3	4 Is Zumba Right for You? 6 pm at Newton	5	6

